

Core to Life© Privacy & Cookie Policy

This Policy applies to our use of any and all data collected in relation to your use of our website and any resulting contact between us. Please read this Policy carefully and ensure that you understand it. Your acceptance of our Policy is deemed to occur upon your first use of our website, or the formal acceptance of cookies. If you do not accept and agree with this Policy, you must stop using our website immediately.

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1. Definitions and interpretation

In this Policy the following terms shall have the following meanings:

“Policy”

Stands for our Privacy & Cookie Policy.

“Cookies”

Cookies are text files placed on your computer to collect standard Internet log information and visitor behavior information. When you visit our websites, we will collect information from you automatically through cookies.

For further information about cookies in the EU, visit: https://europa.eu/european-union/abouteuropa/cookies_en

“Our website”

Means following websites and all its subdomains:

<https://coretolife.com/>

<https://core2life.com/>

“We/Our/Us”

Means Core to Life©, owned by Pegwak Gilani, a sole proprietor whose registered address is Scheldestraat 89, 1972TL Ijmuiden, Netherlands. VAT number will follow soon, still in starting phase.

2. Information about us

2.1 Our website is owned and operated by **Core to Life©**, owned by Pegwak Gilani, a sole proprietor whose registered address is Scheldestraat 89, 1972TL Ijmuiden, Netherlands. VAT number will follow soon, still in starting phase.

3. What does this Policy cover?

This Policy applies only to your use of our website. It does not extend to any websites that are linked to from our website (whether we provide those links or whether they are shared by other users). We have no control over how your data is collected, stored or used by other websites and we advise you to check the privacy policies of any such websites before providing any data to them.

4. What data do we collect?

Some data will be collected automatically by our website. For further details, please see section 10 of this Policy. Other data will only be collected if you voluntarily submit it and consent to us using it for the purposes set out in section 5, for example, when signing up for our services. Depending upon your use of our website, our website may collect some or all of the following data:

4.1 Full Name;

4.2 Email Address

4.3 Telephone Number

4.4 Company name

4.5 Company Information

4.6 Address

4.7 Payment information

4.8 IP address

4.9 Web browser type and version

4.8 Operating System

4.9 A list of URLs starting with a referring site, your activity on our website, and the site you exit to

4.10 Demographics

5. How do we use your data?

5.1 All personal data is stored securely in accordance with the EU General Data Protection Regulation (Regulation (EU) 2016/679) (GDPR). For more details on security see section 6, below.

5.2 We use your data to provide the best possible products and services to you. This includes:

5.2.1 Providing and managing your account

5.2.2 Providing and managing your access to our website

5.2.3 Personalizing and tailoring your experience on our website

5.2.4 Supplying our products and services to you

5.2.5 Personalizing and tailoring our products and services for you

5.2.6 Responding to communications from you

5.2.7 Supplying you with email newsletters, alerts etc. that you have subscribed to (you may unsubscribe or opt-out at any time).

5.2.8 Market research

5.2.9 Analyzing your use of our website and gathering feedback to enable us to continually improve our website and your user experience

5.3 In some cases, the collection of data may be a statutory or a contractual requirement, and we will be limited in the products and services we can provide you without your consent for us to be able to use such data.

5.4 Once you have submitted your data, we use your data for marketing purposes which may include contacting you by email, telephone, text message with information, news and offers on our products and services. We will not, however, send you any unsolicited marketing or spam and will take all reasonable steps to ensure that your rights are fully protected and comply with our obligations under the GDPR and the Privacy and Electronic Communications (EC Directive) Regulations 2003, as amended in 2004, 2009 and 2013.

5.5 Under GDPR we will ensure that your personal data is processed lawfully, fairly, and transparently, without adversely affecting your rights. We will only process your personal data if at least one of the following basis applies:

- a) You have given consent to the processing of your personal data for one or more specific purposes;
- b) Processing is necessary for the performance of a contract to which you are a party or in order to take steps at the request of you prior to entering into a contract;
- c) Processing is necessary for compliance with a legal obligation to which we are subject;

d) Processing is necessary to protect the vital interests of you or of another natural person;

e) processing is necessary for the performance of a task carried out in the public interest or in the exercise of official authority vested in the controller; and/or

f) Processing is necessary for the purposes of the legitimate interests pursued by us or by a third party, except where such interests are overridden by the fundamental rights and freedoms of you which require protection of personal data, in particular where you are a child.

6. How and where do we store your data?

6.1 We only keep your data for as long as needed in order to use it as described above in section 5, and/or for as long as we have your permission to keep it. In any event, your data will be deleted if you notify us via email, telephone or post.

6.2 Some or all of your data may be stored or transferred outside of the European Economic Area ("the EEA") (The EEA consists of all EU member states, plus Norway, Iceland and Liechtenstein). You are deemed to accept and agree to this by using our website and submitting information to us. If we do store or transfer data outside the EEA, we will take all reasonable steps to ensure that your data is treated as safely and securely as it would be within the EEA and under the GDPR. Such steps may include, but not be limited to, the use of legally binding contractual terms between us and any third parties we engage with.

6.3 Data security is of great importance to us, and to protect your data we have put in place suitable physical, electronic and managerial procedures to safeguard and secure data collected through our website.

6.4 We shall ensure that the following measures are taken with respect to the collection, holding, and processing of personal data:

- All employees, agents, contractors, or other parties working on our behalf shall be made fully aware of both their individual responsibilities and our responsibilities under the regulation and under this Policy, and shall be provided with a copy of this Policy;
- Only employees, agents, sub-contractors, or other parties working on behalf of us that need access to, and use of, personal data in order to carry out their assigned duties correctly shall have access to personal data held by us;
- All employees, agents, contractors, or other parties working on behalf of us handling personal data will be appropriately instructed about our Policy;
- The performance of those employees, agents, contractors, or other parties working on behalf of us handling personal data shall be regularly evaluated and reviewed;

- All employees, agents, contractors, or other parties working on behalf of us handling personal data will be bound to do so in accordance with the principles of the regulation and this Policy by contract;
- All agents, contractors, or other parties working on behalf of us handling personal data must ensure that any and all of their employees who are involved in the processing of personal data are held to the same conditions arising out of this Policy and the Regulation.

6.5 Notwithstanding the security measures that we take, it is important to remember that the transmission of data via the internet may not be completely secure and that you are advised to take suitable precautions when transmitting data to us via the internet.

7. Do we share your data?

7.1 We may share your data with wholly owned subsidiaries of Core to Life©.

7.2 We may contract with third parties to supply products and services to you on our behalf. These may include payment processing, delivery of goods, search engine facilities, advertising and marketing. In some cases, the third parties may require access to some or all of your data. Where any of your data is required for such a purpose, we will take all reasonable steps to ensure that your data will be handled safely, securely, and in accordance with your rights, our obligations, and the obligations of the third party under the law.

7.3 We will compile statistics about the use of our website including data on traffic, usage patterns, user numbers, and other similar information. All such data will be anonymized and will not include any personally identifying information. We may from time to time share such data with third parties such as prospective investors, affiliates, partners and advertisers. Data will only be shared and used within the bounds of the law.

7.4 In certain circumstances we may be legally required to share certain data held by us, which may include your personal information, for example, where we are involved in legal proceedings, where we are complying with the requirements of legislation, a court order, or a governmental authority. We do not require any further consent from you in order to share your data in such circumstances and will comply as required with any legally binding request that is made of us.

8. You're right to withhold information and your right to withdraw information after you have given it

8.1 You may access certain areas of our website without providing any data at all. However, to use all features and functions available on our website you will be required to submit or allow for the collection of certain data.

8.2 You may restrict your Internet browser's use of Cookies. For more information, see section 10 and our Cookie Policy.

8.3 You may withdraw your consent for us to use your personal data as set out in section 5 at any time by contacting us using the details set out in section 13, and we will delete your data from our systems. However, you acknowledge this may limit our ability to provide the best possible products and services to you.

9. How can you access your data?

You have the legal right to ask for a copy of any of your personal data held by us (where such data is held). Please contact us for more details at ihaveaquestion@coretolife.com, or using the contact details below in section 13.

10. What cookies do we use and what for?

10.1 Our website may place and access certain first-party Cookies on your computer or device. First party Cookies are those placed directly by us and are used only by us. We use Cookies to facilitate and improve your experience of our website and to provide and improve our products and services. For more details, please refer to section 5, above, and to section 10. We have carefully chosen these Cookies and have taken reasonable steps to ensure that your privacy is protected and respected.

10.2 By using our website you may also receive certain third party Cookies on your computer or device. Third-party Cookies are those placed by websites, services, and/or parties other than us. These Cookies are often not integral to the functioning of our website.

10.3 All Cookies used by and on our website are used in accordance with current Dutch and EU Cookie Law.

10.4 Before Cookies are placed on your computer or device, you will be shown a pop-up which provides a link our cookie policy and allows you to accept cookies directly. By viewing the pop-up and staying on our website, or by accepting cookies directly, you are giving us consent to the placing of Cookies and you are enabling us to provide the best possible experience and service to you.

You may, if you wish, deny consent to the placing of Cookies by visiting our Cookie Policy website, [here](#); however certain features of our website may not function fully or as intended. You can also deny consent by exiting from our website.

10.5 Certain features of our website depend on Cookies to function. Dutch and EU Cookie Law deems these Cookies to be “strictly necessary”. These Cookies are shown below in section 10. Your consent will not be sought to place these Cookies. You may still block these Cookies by changing your internet browser’s settings as detailed below in section 10, but please be aware that our website may not work as intended if you do so. We have taken great care to ensure that your privacy is not at risk by allowing them.

10.6 Our website uses analytics services provided by Google. Website analytics refers to a set of tools used to collect and analyzed usage statistics, enabling us to better understand how people use our website. This, in turn, enables us to improve our website and the products and services offered through it. You do not have to allow us to use these Cookies, as detailed below, however whilst our use of them does not pose any risk to your privacy or your safe use of our website, it does enable us to continually improve our website, making it a better and more useful experience for you.

10.7 The analytics service(s) used by our website use(s) Cookies to gather the required information. These Cookies may be placed immediately when you first visit our website and it may not be possible for us to obtain your prior consent. You may remove these Cookies and prevent future use of them by following the steps set out below in section 10.

10.8 The analytics service(s) used by our website use(s) the following Cookies:

Name of Cookie: Google

First / Third Party: Third

Propos: Analytics

10.9 You can choose to enable or disable Cookies in your internet browser. Most internet browsers also enable you to choose whether you wish to disable all cookies or only third party cookies. By default, most internet browsers accept Cookies but this can be changed. For further details, please consult the help menu in your internet browser or the documentation that came with your device.

10.10 You can choose to delete Cookies at any time however you may lose any information that enables you to access our website more quickly and efficiently including, but not limited to, personalization settings.

10.11 It is recommended that you keep your internet browser and operating system up-to-date and that you consult the help and guidance provided by the developer of your internet browser and manufacturer of your computer or device if you are unsure about adjusting your privacy settings.

11. Summary of Your Rights under GDPR

Under the GDPR, you have:

11.1 The right to request access to, deletion of or correction of, your personal data held by us;

11.2 The right to complain to a supervisory authority;

11.3 The right to be informed of what data processing is taking place;

11.4 The right to restrict processing;

11.5 The right to data portability;

11.6 The right to object to processing of your personal data;

11.7 Rights with respect to automated decision-making and profiling (see section 12 below).

To enforce any of the foregoing rights or if you have any other questions about our website or this Policy, please contact us using the details set out in section 13 below.

12. Contacting us

If you have any questions about our website or this Policy, please contact us by email at ihaveaquestion@coretolife.com or by telephone on +31 6 301 301 04, or by post at Scheldestraat 89, 1972TL Ijmuiden, Netherlands. Please ensure that your query is clear, particularly if it is a request for information about the data we hold about you (as under section 9, above).

13. Changes to our Policy

We may change this Policy as we may deem necessary from time to time, or as may be required by law. Any changes will be immediately posted on our website and you will be deemed to have accepted the terms of the Policy on your first use of our website following the alterations. I recommend that you check this page regularly to keep up-to-date.